

Foster Canine Enrichment

Pipe feeders are capped PVC pipes with holes that dispense kibble when rolled. Use them instead of bowls for meals or treats—they slow eating and provide enrichment. Contact the foster team to request one for your dog.

Slow feeders can be provided by AHS, or you can DIY one by using a muffin tin (right side up or upside down) or even a “no tip” style bowl turned upside down.



You can hide treats inside **tissue boxes** (with the plastic removed). Once your foster has figured out how to get to those treats easily, you can put pieces of a brown paper bag in the box as well. This makes it a little harder!



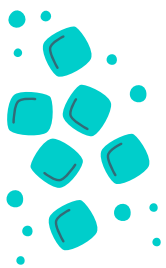
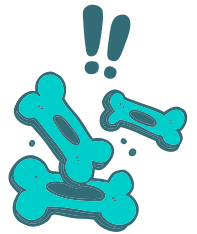
Play “find it”

Use high-value treats (like plain chicken)—first, reward sniffing/pawing at your hand, then hide treats around the house. Keep treats tiny and occasional!

Recycled food puzzles

Stuff paper towel tubes (or bags) with dry food, cap ends with peanut butter or wet food, and freeze for challenge. Moisten food first for better freezing. Safe if eaten in moderation. Perfect for dogs who destroy toys.

Play the “**name game**”: reward with a treat for your foster animal responding to their name.



Make a DIY snuffle mat with a shag rug (or follow online guides). Hide kibble in the fabric for scent-based foraging fun. The foster team may have extras if needed!

Pupsicles

Fill a plastic cup with a meal, then add water and freeze. Run the cup under warm water to remove the frozen popsicle and let your foster dog enjoy!

Teach fun tricks

Teaching dogs sit, lie down, and stay all can help your foster on their journey to adoption. Some other fun tricks to teach can be spin and roll over!

Try **sniff-centered walks**! Let your foster dog lead the way, exploring scents at their own pace. These mental-stimulation walks allow them to thoroughly investigate safe areas. Busy locations like parks work well if your dog is comfortable. Remember: it's their walk, so let their nose guide you!



Enrichment Apple Cheesecake

Ingredients:

1 Teaspoon of Applesauce
1 Teaspoon of Cream cheese
Graham crackers

Directions:

1. Break graham crackers in half and then break the half into halves.
2. Add cream cheese to one piece of graham cracker.
3. Add applesauce to another piece of graham cracker.
Place the two pieces together creating a sandwich/cookie.
4. Place a piece of freezer paper into a metal tray and place the sandwich/cookie into the metal tray.
5. Then place another piece of freezer paper on top of the sandwich/cookie. Label the metal tray with a dry erase marker. Do NOT put more than one layer in each tray.
6. Freeze.



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