

# Introducing Dogs and Cats

KEYS TO SUCCESSFUL HARMONY

Most dogs and cats can live together peacefully, but not all are a perfect match. Success depends on their personalities, experiences, and ages.



### Set your house up for success

- Create a secure "safe room" for your cat with a door the dog can't access. Include litter, food, water, toys, scratching posts, and hiding spots.
- Provide raised cat trees or shelves for easy escapes. Let your cat roam freely when the dog is contained (e.g., crated or in your bedroom at night).
- Swap bedding or blankets between the pets to help them adjust to each other's scents.



### Feeding time

- Feed pets on opposite sides of a closed door to associate each other's presence with positive experiences. Gradually move the bowls closer as they stay relaxed.
- When both can eat calmly next to the door, you're ready to try an introduction in a shared space, like the living room.



- Keep pets separated for several days, then introduce them gradually with short, controlled sessions. Take your time—introductions may take weeks or even months.
- Use a secure leash (e.g., martingale collar) for your dog, and ensure your cat has access to their safe room. Keep initial meetings brief, ending before signs of stress appear.
- Watch for stress signals (hissing, growling, flattened ears, raised hackles). If either pet shows distress, distract them calmly and give more separation time.
- Reward your dog for calm behavior around the cat. If staying calm is difficult, consider a training class to teach impulse control (e.g., down, stay).





### Repeat exercise daily

• Repeat introductions daily. If your cat enjoys treats, save her favorite treat for the session. You can also hand feed your dog his meal so both pets associate one another with something positive.



 Let your cat leave if she wants, but prevent your dog from chasing. Having a second person can be very helpful.



## Allow them to be loose together

 When both animals appear to be calm and doing well, allow them loose in the room, keeping your dog on a leash that is dragging so you can quickly step on it if need be.
If there is any sign of tension, calmly remove the dog, making sure your cat always has access to her "safe" room.

 Continue to keep your pets separated when you cannot supervise them.

### Still need help?

Visit the Behavior Resource Library at ashevillehumane.org. We also offer six-week training courses to help prepare your pooch for a paw-some lifetime at your side.



